



Do you have any health concerns you would like to receive more information on?

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**Immunisations - have you had the following immunisations?**

- |                 |                              |                                 |
|-----------------|------------------------------|---------------------------------|
| Tetanus booster | <input type="checkbox"/> Yes | <input type="checkbox"/> Unsure |
| Hepatitis B     | <input type="checkbox"/>     | <input type="checkbox"/>        |
| Hepatitis A     | <input type="checkbox"/>     | <input type="checkbox"/>        |
| Influenza       | <input type="checkbox"/>     | <input type="checkbox"/>        |
| Pneumococcal    | <input type="checkbox"/>     | <input type="checkbox"/>        |
| Polio           | <input type="checkbox"/>     | <input type="checkbox"/>        |
- 

**Current medications (including over the counter medications, vitamins and minerals):**

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.....

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**Family history - have any members of your family had:**

- |  |   |
|--|---|
| <input type="checkbox"/> Diabetes      | <input type="checkbox"/> Mental Illness |
| <input type="checkbox"/> Asthma        | <input type="checkbox"/> Cancer         |
| <input type="checkbox"/> Heart Disease |   |
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**Social history**

- Cigarettes: ..... day / week **OR** Ceased Smoking: date .....
- Alcohol: ..... day / week / month (circle the one applicable)
- Drug use: ..... (type and frequency)

**Height:** ..... cms

**Weight:** ..... kgs

**Blood Pressure: when was the last time your blood pressure was taken?** .....

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**Females:**

When did you last have?:

- Pap smear: Year:.....  not sure  never
- Breast Check: Year:.....  not sure  never

**Males:**

When did you last have?:

- An overall check up Year:.....  not sure  never